



OCTOBER 2011 CROSSVILLE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chef Salad Or Z-Rib on Bun, Seasoned Fries, Lettuce, Tomato, Vanilla Pudding with vanilla wafers, Milk	4 Chef Salad Or Baked Chicken, Mashed Potatoes, Broccoli florets & Cheese, Biscuit, Glazed Mixed Fruit, Milk	5 Chef Salad Or Crispito, Mexican Rice, Mexican Chili Beans, Tossed Salad, Ice Cream Bar, Milk	6 Chef Salad Or Pizza, Kernel Corn, Tossed Salad, Crackers, Fruit, Milk	7 Chef Salad Or Plain or Spicy Chicken Sandwich, Baked Potato Chips, Veggie Sticks w/ranch dressing, Sliced Tomatoes, Lettuce, Cheesecake w/fruit topping, Milk
10 Chef Salad Or Chicken Fajita w/Tortilla Shell, Mexican Rice, Cheese, Tomatoes, Lettuce, Peppers & Onions, Salsa, Graham Snack Pack, Milk	11 Chef Salad Or Stromboli or Corn Dog, Baked Beans, Tossed Salad, Fresh Fruit, Milk	12 Chef Salad Or BBQ Pork on Bun, Tater Tots, Cole Slaw, Canned Fruit, Baked Cookie, , Milk	13 Chef Salad Or Vegetable Beef Soup W/Cheese Sandwich, Baby Carrots W/Dip, Crackers, Milk Fruit	14 Chef Salad Or Breaded Steak Pattie, Fresh Whole Potatoes, Macaroni & Cheese, Texas Toast, Canned Fruit, Milk
17 Chef Salad Or Hamburger w/cheese, WW Bun, Baked Potato Fries, Lettuce, Tomato, Onions, Mixed Fruit Cup, Milk	18 Chef Salad Or Chicken Nuggets, Mashed Potatoes, Green Beans, Sliced Bread, Yellow Cake, Canned Fruit, Milk	19 Chef Salad Or Breakfast Bar, Biscuits, Gravy, Sausage, Scrambled Eggs, Spiced Apples, Hash Browns, Milk	20 Chef Salad or Turkey W/Cheese/Bun, Lettuce, Tomato, Baked Potato Chips, Fruit, Graham Snacks, Milk	21 Chef Salad Or Taco Salad, Whole Kernel Corn, Lettuce, Tomato, Cheese, Salsa, Corn Chips, Fresh Fruit, Milk
24 Chef Salad Or Breaded Chicken Sandwich, Baked Tater Tots, Lettuce, Tomato, Fruit, Milk	25 Chef Salad Or Salisbury Steak, Brown Gravy, Creamed Potatoes, Green Beans, Whole Wheat Roll, Fruit, Milk	26 Chef Salad Or Spaghetti w/meat Sauce, Tossed Salad, Green, Garlic Bread, Fresh Fruit, Baked Cookie, Milk	27 Chef Salad Or Ham W/Cheese/Bun, Lettuce, Tomato, Baked Potato Chips, Fruit, Graham Snacks, Milk	28 Chef Salad Or Pizza, Corn on Cob, Tossed Salad, Crackers, Brownie, Canned Fruit, Milk
31 Chef Salad Or Chili Dog on Bun, Baked Fries, Tossed Salad, Chocolate Pudding, Milk			Lunch – K-6 \$1.60 Grades 7-12 \$1.75 Board Employees \$2.50 Visitors \$2.75	